

How can we help?	Use it for:	Wait time ¹	Prescriptions ²	Labs
 Urgent Care Fastest care. No scheduling needed.	Non-emergency medical conditions like sore throat, cold, flu, pink eye, etc.	Typically under 30 minutes		
 Wellness Screening Scheduled visit.	Preventive annual lab screening and review with a Primary Care Provider.	3-5 days		
 Routine Care Scheduled visit.	Ongoing health conditions, requests for medication refills, lab tests, and any other questions and concerns.	2-4 days		
 Therapy Scheduled visit.	Emotional and behavioral health concerns like anxiety, relationship issues, stress management, trauma, and more.	1-2 days		
 Psychiatry Scheduled visit.	Behavioral conditions that require medication management, including depression, bipolar, panic disorders, and more.	2-3 days		
 Dermatology Secure messaging.	Rashes, acne treatment, hair, nails, and any other skin conditions.	Reply within 48 hours, typically within 24 hours		



Visit mycigna.com[®] and click “talk to a doctor” to see your cost of care and start your visit.

¹Wait times may vary. | ²Prescriptions as applicable. | *Your health benefit may not cover certain services.

This information is for educational purposes only. It's not medical advice. Always ask your doctor for appropriate examinations, treatment, testing and care recommendations.

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